Deep Resurfacing UltraClear and Laser Coring

Post Treatment Care

UltraClear® is the first disruptor in laser resurfacing in decades. Utilizing the latest advancements in fiber laser technology, UltraClear delivers fractionated ablative sub-pulses for optimal skin rejuvenation. Addressing facial aging concerns such as sun damage, fine lines, wrinkles, scars, and acne scars, UltraClear creates microchannels triggering natural exfoliation and stimulating collagen without excessive bulk heating. The result? Quicker, more comfortable, precise treatments with increased safety for skin of color.

Quicker healing + dramatic results: superior engineering = small microchannels that close and heal more quickly - allowing you to get back to your normal daily routine!

Immediately Post-Treatment: You will leave the office with a sunburn feeling. A Velez Hydrating Mask will be applied to treated skin to help bring down swelling and rehydrate the skin. Remove the mask one hour after application and apply a thin layer of soothing ointment to your treated skin.

Additionally, use of Velez HOCL Hydrating mist as often as needed to keep the skin hydrated and cool burning sensation. (can be purchased at the time of your treatment)

Patient should sleep in a modified upright position along with a clean pillowcase and linens for the first and second or consecutive nights as needed to help with swelling.

MORNING + EVENING REGIMEN

DAY 1-healed

1. Gentle Cleanser, massage quarter size amount of cleanser into skin

2. Vinager Soak, saturate clean 4x4 gauze with solution every 2-3 hours and apply with a press and release motion. Use first 2 days then discontinue

3. Soothing Ointment, apply a thin line to the treatment areas on the first day until finished then switch to Hydrating creme

4. Hydrating Crème, pea size AS NEEDED (can be used up to 3x daily) -can be purchased at the time of treatment

5. SPF

***ALWAYS wash your hands before touching your face or applying products!**

Vinager Soak Solution: Keep in fridge for a nice cool feeling on warm skin.

TIPS: While washing face do not let water from the shower directly hit treatment areas.

Cleanse treated areas with a gentle facial cleanser using nothing more abrasive than the fingertips. Do not scrub treated areas.

If you are going to be outside and exposed to the sun wear a hat and your daily SPF for FULL protection. Seek shade as much as possible.

Reminders for best outcomes:

1. SOOTHE, DON'T SCRATCH. Soothe with gentle cleanser and hydrating creme to relieve the itch and gently allow for peeling skin to slough off. Zyrtec OTC can be used to help soothe itching and aid in better sleep.

2. HYDRATION IS KEY. Keep the area hydrated. Don't scratch or pick.

3. DECREASE SWELLING. Velez masks and sleeping with your head elevated can decrease swelling.

4. LIGHT EXERCISE. Avoid saunas, swimming, hot yoga, and strenuous exercise for about one week post treatment.

5. SPF IS YOUR BFF. Continue using 30+ broad spectrum, zinc oxide SPF and reapply every couple of hours. This office recommends ZO Skin Health's Sheer Fluid SPF.

6. SHAVING. Men should avoid shaving until the skin has sloughed.

7. NO PETS IN BED & CLEAN PILLOWCASES!

8. SHOWERING is ok. Just be sure to use a lukewarm water setting and not get any hair products on your freshly lasered skin.

9. SANITIZE. Make sure to clean eyeglasses, cell phone or anything else that will encounter your skin before put on or near the treated areas.

What to expect POST-TREATMENT.

Redness, sunburn sensation, tingling, and sensitivity are normal.

Heat will peak post treatment and slowly dissipate.

DAY 1. redness (erythema), swelling (edema).

DAY 2-7 Patients notice their skin beginning to naturally peel. This may last longer depending on the intensity and customization of your laser treatment.

1 WEEK. Patients report their skin feels more even and smooth.

1 MONTH. Gradually results improve over 1-3 months post treatment

Return to clinic is assess results and discuss maintenance 6 weeks after your treatment

Please contact this office if:

- In the unlikely event of blisters or infection, an antibiotic may be used.
- You have concerns with healing.
- You have a Herpes Simplex outbreak*

Contact our office to speak to our clinical staff at 440-461-7999.

*Prophylactic antiviral therapy should be continued for patients with a history of cold sores (Herpes Simplex) when treating around the mouth. Please make sure to let your provider know if you have a history at all of cold sores, even if you have not had one in years.

scan for video instructions!

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