TOTONCHI
PLASTIC SURGERY

Rhinoplasty Care Enhancement Package

PRODUCTS AND SERVICES $950 (RETAIL $1125)

1 Signature HydraFacial
1 Platinum HydraFacial
1 ZO Facial
ZO Exfoliating Cleanser
ZO Exfoliation Accelerator
ZO Daily Power Defense

PRE-OP

Signature HydraFacial to be performed prior to surgery.
Clear pores, hydrate skin, light exfoliation to better prep skin for surgery

1 MONTH POST-OP

Skincare

Morning:	Night:
Exfoliating Cleanser	Exfoliating Cleanser
Daily Power Defense	Daily Power Defense
SPF	Exfoliation Accelerator

Platinum HydraFacial Treatment
Avoiding the nose, treatment includes a clarifying booster, blue light therapy, and lymphatic drainage.

10 WEEKS POST-OP

ZO Facial Treatment
Including the nose, this treatment focuses on extractions and gentle resurfacing using medical-grade ZO products to clear pores, calm the skin, and support healthy recovery.

Before Surgery:
Prep skin with Signature HydraFacial to clear pores, hydrate skin, and provide light exfoliation that will help the skin be healthy and in a better position to heal from surgery.

1 month Post Op:
SKINCARE

1. Introduce a salicylic based cleanser (exfoliating cleanser) to unclog pores and break up blackheads.
2. Use exfoliation accelerator, night – Glycolic and lactic acid aids in the removal of dead cells for skin surface renewal. It is rich in antioxidants and will help soothe and calm skin with its anti-irritant properties. The AHA complex provides gentle, yet effective exfoliation of dead skin cells and increases cellular turnover.
3. Daily Power Defense, morning and night – introduces DNA repair enzymes to speed up the skin's natural mechanism to repair DNA damage and protect against future oxidative damage. Provides antioxidant protection to combat free radical damage. Restores lipids and enhances the skin barrier system.

HYDRAFACIAL

1. Platinum Treatment- HydraFacial, Blue light, and lymphatic drainage – the nose will be avoided all together to allow time for continued healing.
2. Patient will benefit from reduction in swelling around the eyes and improved texture of their skin through the removal of dry skin that often results from surgery.
3. LED blue light therapy- regulates skins natural oil productions and eliminates P-acne bacteria that causes acne.

10-12 weeks Post Op:

1. Patient to receive a ZO facial, focused on maintaining skin clarity, supporting long-term healing, and addressing any lingering congestion around the nose. This session helps reinforce barrier function and ensures a smooth transition back to the patient's regular skincare routine.