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TOTONCHI
PLASTIC SURGERY

AFRIN for MIGRAINES

Purchase *Afrin* ***No Drip*** *Nasal Spray* over the counter

Treatment for migraines which start ***behind the eyes only***

Use Afrin No Drip Nasal Spray as directed ***within 10 minutes of migraine headache start time***

Directions for use:

1. Shake well, first use prime by depressing pump several times
2. To spray, hold bottle with thumb at base and nozzle between 1st and 2nd fingers
3. Spray 2-3 times in each nostril, do not exceed 2 doses in 24 hour period
4. **Do Not** tilt head backward while spraying
5. **Do** hold opposite nostril closed while administering Afrin
6. Wipe nozzle clean after each use

****Do not use Afrin for more than one treatment for three separate migraines****

Migraine Behind the Eyes	**1**	**2**	**3**
Date of Migraine:			
Migraine Start Time:			
Pain Score(1-10):			
Location (R/L/B):			
Afrin Use Time:			
Pain Score (1-10):			
Location (R/L/B):			
Comments:			

If you have any questions or concerns please contact the office of Plastic Surgery 216-778-4450

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